

8 Chronically Ill and Dying Bodies



WHAT NEEDS TO CHANGE

- Sexual wellbeing should be a routine part of care for people with chronic conditions.
- Palliative and end-of-life care must explicitly include intimacy as part of holistic care — not treat it as peripheral.



WHAT YOU CAN DO

People living with chronic illness: Your sexual wellbeing is a legitimate part of your healthcare. Raise it.

Health professionals: Ask. The evidence that patients want this conversation is unambiguous.



LEARN MORE

Kelemen, A., Cagle, J., & Groninger, H. (2016). Screening for intimacy concerns in a palliative care population: Findings from a pilot study. *Journal of Palliative Medicine*, 19(10), 1102–1105

www.doi.org/10.1089/jpm.2016.0092



World Sexual Health Day (WSHD) is celebrated every year on September 4. The World Association for Sexual Health (WAS) launched the first WSHD in 2010, to bring the global community together to promote sexual health and well-being.

